

Cornerstone House Centre

Cornerstone House Centre is a charity in Cumbernauld which aims to benefit local



people by managing services, facilities and activities for the community.

The Centre facilitates a large multi-purpose community premise in Cumbernauld town centre where citizens and organisations meet to pursue interests, learn together, develop skills and support others.

Room hire enquiries | 01236 739

Family Health Benefits



It is anticipated that establishing Cumbernauld Family Hub will result in significant health benefits for local family participants. Childhood obesity, mental ill health, physical health, and social health are all key target areas, with agencies with expertise in these health issues actively involved in Hub planning.



*Help Us Develop A
Cumbernauld Family Hub
To Be Proud Of...*

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Cornerstone House Centre Ltd is a charity registered in Scotland (charity number SCO41782) and is a company limited by guarantee (registered company number SC383997)



Help Us
Develop a
New...

Are you a parent
or local organisation
with an interest in
family development?

**Cumbernauld
Family Hub**



An initiative of Cornerstone House Centre

01236 739220

admin@cornerstone-house.org.uk



LOTTERY FUNDED

Cumbernauld Family Hub... What Is Being Proposed?

Following a period of initial research and contact with local families and organisations, Cornerstone House Centre has identified a need for a new Family Hub to be developed in Cumbernauld.

Cumbernauld Family Hub intends to be a fresh and innovative family support resource that covers a range of activities to create interesting and unique personal development opportunities for local families. It will be designed to be utilised by couples, lone parents and kinship carers.

Cornerstone House Centre is being supported by Big Lottery Fund's Investing in Ideas programme to undertake research and consult with the local community regarding how the Family Hub could be structured to maximise social, environmental and cultural outcomes for parents and children.



Ideas For Family Hub Activities

It is proposed that Cumbernauld Family Hub includes a range of weekly group activity sessions to strengthen parent-child bonds, with early plans to incorporate:

- ◆ **Creative play including arts and crafts**
- ◆ **Practical health promotion (e.g. nutrition)**
- ◆ **Physical activity and active citizenship**
- ◆ **Educational toys and structured outings**
- ◆ **Online resources and e-learning**
- ◆ **Family and personal development activities.**

Hub activities will be planned to be informal, practical and interrelated, making the learning fun and interactive. In particular, services will be tailored to benefit those experiencing difficulties as a result of factors such as poverty, housing problems, relationship issues, lack of educational attainment and unemployment.

Help Us Plan The Hub...

Community Engagement is a key part of the development phase of Cumbernauld Family Hub. Cornerstone House Centre plans to facilitate a number of interactive meetings and events with local parents and families as part of the evidence-gathering and research stage. Expenses and childcare costs will be made available to enable families to participate in engagement activities.



Partner Agencies are also invited to participate in the Hub planning phase by attending meetings and events targeted specifically at service providers.

Hub Research will also include questionnaires, one-to-one discussions, direct engagement with community and statutory organisations, and telephone and e-mail liaison with local families.

Ultimately, the aim of the development phase is to find out what people want and assess how the Family Hub can be designed to meet expectations.

To participate in the development phase or attend Hub planning meetings or events, contact Cornerstone House Centre on 01236 739200 or admin@cornerstone-house.org.uk.

What should Cumbernauld Family Hub look like?

Give us your views | 01236 739200 | admin@cornerstone-house.org.uk